

Positive Behavior at CHE!

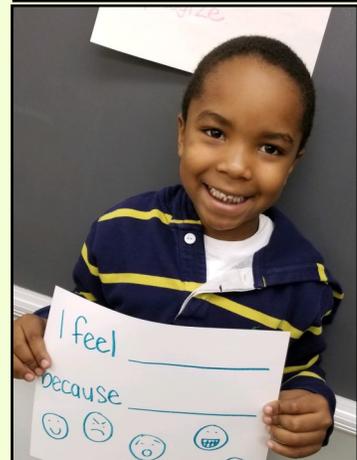
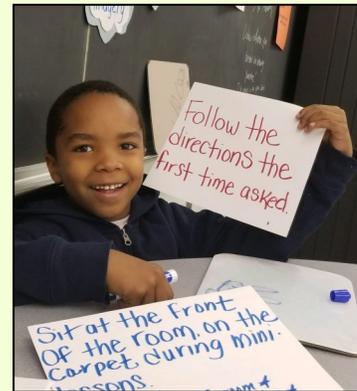
By Katie Filippone, Youth Development Specialist

FEATURING CONTACT STUDENT BRIAN FORE

Brian Fore, a first-grade student at Chestnut Hill Elementary School in Ms. Ruggaber's class, is feeling proud for meeting his goals in the Contact Program. Brian has been working very hard to meet the goals of following directions the first time asked, completing class work, and expressing his feelings appropriately. Each morning, Brian receives a morning check-in to review behavioral goals and expectations. Throughout the school year various interventions and strategies have been implemented to motivate Brian to improve his behavior and to be more successful in the classroom.

Brian receives daily push-in support in the morning to assist him with any academic or behavioral need. He loves earning "Super Student" status, a component of Ms. Ruggaber's classroom management system. The most exciting motivator for Brian is his daily positive breaks in Contact for meeting his academic and behavioral goals. Brian can choose from different activities such as kinetic sand, painting, basketball, magic clay and drawing, and he loves the positive texts being sent home to his dad!

Brian also participates in social skills lunch groups at least twice a week and often times earns extra lunch groups throughout the week for positive behavior. During lunch group we learn and practice skills such as ignoring distractions, asking for help, accepting consequences, expressing feelings appropriately, following directions and managing anger and frustration.



BEAT THE CLOCK!

To help Brian follow directions the first time asked, we use a strategy called Beat The Clock! We practice this strategy when Brian is in Contact during positive breaks and social skill groups to help motivate him to comply immediately to adult directions. This strategy is especially effective for kids who are motivated by competition. When I observe Brian having a difficult time following directions or staying on task, I will give a direction followed by saying “Beat The Clock!” I then will verbally count backwards from five. When Brian follows through with the direction before the time is up, we cross out a football on his card. Once 10 footballs are crossed out, Brian can earn a mystery surprise! Brian loves the visual aspect of this strategy and almost always beats the clock.



“I love earning extra lunch groups!” - Brian Fore

LOOK AT THIS DATA!

Below is a table showing the number of positive breaks earned in comparison to the number of resets conducted in the Contact Program from January–April 2018.

Positive Behavior Breaks & Reset Data

